Self Awareness and the Johari Window

KNOWN TO ME

UNKNOWN TO ME

KNOWN TO OTHERS

Transparent
Open

Public

Blind (spot)

UNKNOWN TO OTHERS Hidden Avoided Private

<u>Unknown</u> Unconscious

The Johari Window

- 1. How we see ourselves
- 2. How we think others see us
- 3. And, most importantly, how others really see us

Leadership Fundamentals

